

CARNFORTH EXPRESS

Produced by Carnforth Town Council for the Community of Carnforth

Nov/Dec 2018 (Bi-monthly)



Carnforth braves the weather to remember our heroes!

On a very wet morning, an estimated 1,000 people lined the Carnforth Remembrance Parade along Market Street, North Road and New Street and at the War Memorial, to remember the Service men and women who served our country in all Wars and conflicts across the world! Of course, this year had a special significance being 100 years since the end of the First World War.

The parade was led by a Piper, followed by Standard bearers; the Town Mayor and Councillors; Church Leaders; Servicemen and cadets from the Navy, Army and Air Force; the Police and Fire and Rescue Service; a range of local youth organisations and community groups and members of the public – it was an amazing sight!

At the War Memorial, the Service was once again led by Reverend Neale and included poignant readings, blessings and hymns as well as *Flowers of the Forest* played by the Piper and a Bugler sounding the *Last Post* and *Reveille*.

Following a moving reading of *For the Fallen* and the names of our local War heroes, an unprecedented 38 dignitaries, Services and local organisations laid Wreaths and saluted or bowed their heads in respect. The full parade then reconvened and marched up Market Street to the Civic Hall on North Road where a Reception, open to the public, was held.

The town was proud to be joining millions across the nation. To our brave servicemen and women, we thank you for your sacrifice and nothing we do or say will ever be enough, but we hope that our Remembrance Day Parade and Service showed our gratitude.

You are all heroes and we salute you! **Bob Bailey, Town Clerk**





The last few winters have seen unprecedented rainfall events. These storms have given rise to widespread flooding, loss of power, damage to property and disruption of transport. Carnforth has not escaped these impacts, but we are now in a much better position to respond. As winter approaches this is a good time to provide you with an update on the **Carnforth Community Emergency Plan**.

The Town Council has been working closely with Lancaster City Council to develop its Community Emergency plan and here are a few details about how the plan will work in practice.

The Emergency Plan will only be triggered in the case of severe and widespread impacts such as large-scale power loss in Carnforth. Under such circumstances the Civic Hall will be opened to provide a safe, warm and lit refuge for anyone who wants to use it. The hall will also be made available to the emergency services.

We now have emergency power in the hall which means that, even if power supply to Carnforth is lost, we can light and heat the hall. We can also provide hot drinks. Limited phone charging facilities may be available where the use of a phone is deemed to be critical but please ensure you keep your phones charged throughout the winter period.

How will you know that the Emergency Plan has been triggered? In the event of an emergency normal forms of communication are likely to be disrupted – however, we will seek to inform you by Twitter (@CarnforthTC), Facebook (www.facebook.com/carnforthtowncouncil/) and on our website (www.carnforthtowncouncil.org). If the Civic Hall is opened, we will also leave a message on the Civic Hall Emergency number - **07849-746692** [this number will only be answered where the Emergency Plan is triggered and is not be used for any other purpose].

Be Winter Ready: While your Town Council is working hard to provide support, winter readiness is everyone's responsibility. One way of preparing is to consider what items you may need in an emergency and here is a short list of things you may want to consider.

- ✓ First aid kit and medication;
- ✓ Copies of important family documents in a waterproof bag;
- ✓ Prescription medication;
- ✓ Cash and Credit Cards;
- ✓ Car Keys;
- ✓ Toiletries and sanitary supplies;
- ✓ Mobile phone and charger;
- ✓ Infant supplies;
- ✓ Spare clothes;
- ✓ A battery torch with spare batteries or a wind-up torch;
- ✓ A battery radio with spare batteries or wind up radio;
- ✓ Bottled water and emergency food;
- ✓ Childcare supplies or other special care items;
- ✓ Extra set of house and car keys.

An Emergency Grab Bag in your car is also extremely important during cold weather which should include -

- ✓ Suitable winter clothes and a blanket or a sleeping bag
- ✓ Mobile phone, torch, radio and extra batteries
- ✓ Shovel and windscreen scraper

Please also consider other vulnerable people in our community. Check on friends, relatives and neighbours who may be at risk in the event of an emergency. **Councillor Chris Smith**



Carnforth Neighbourhood Plan:

Thank you to those members of the public who attended the recent Neighbourhood Plan Information evening at the Civic Hall. The good attendance clearly shows that residents have a keen interest in our local environment, take great pride in the town and want to have a say in its

development. From the meeting, six members of the public agreed to join the Neighbourhood Plan Steering Group and we have already had our first meeting. The group is very much looking forward to working in partnership with Planning Consultants, Troy Planning & Design (<https://troyplanning.com/neighbourhood-planning/>). The company are experienced in neighbourhood planning and have been appointed to help us to produce a plan that, whilst complementing the Lancaster District Local Plan, will deliver on the *Values, Vision and Objectives* agreed with our residents and, crucially, give the people of Carnforth a say in how the town is shaped in the future.

The next step for the group is to apply for Government funds that will be used to identify and collect evidence to justify our policies and develop a plan that reflects the vision and objectives of our local community. The group will consult and engage with our communities throughout the process and ensure that it is inclusive, meaningful and well-documented. If anyone has specific ideas on how the town should develop, please call into the Council Offices for an informal chat with the Town Clerk or email: clerk@carnforthtowncouncil.org

Councillor Malcolm Watkins, Chair, Town Development & Planning Committee

Film Night 2: A date for your diary is **Saturday 8th December** when the Town Council will be bringing you a double-header of films at the Civic Hall. There will be a family film in the afternoon and one for our older residents in the evening! Food will again be provided. Keep checking our website (www.carnforthtowncouncil.org) and Facebook page for further news!

Growing Flowers, Growing Business and Growing Community: Change is good; and there is definitely a change happening in Carnforth! Our community, as you have probably heard, is growing. And so is the Town Council's commitment to its residents and businesses! No doubt you will have noticed all the beautiful planters placed around our town which have received many positive comments. The 'Planter Project' was the idea of Councillor Barbu who saw the benefit of flowers and plants to people's wellbeing, with the added benefit of bringing beauty and colour to the town.

Taking this a step further, and with the support of the Town Council, the idea of offering local businesses an opportunity to sponsor a planter was born. We now have several businesses involved in the scheme – the additional revenue from which is being re-invested in the town. A planter can be sponsored for just £50 per annum, in return for which the name of the individual/business will be displayed on the planter for all to see and maintained with Spring and Winter flowers and plants throughout the year! If you would like to be involved, in the scheme, please contact the Town Clerk. **Michelle Barbu**

Carnforth Library, Home Library and Home Collection Services: Do you or someone you know, struggle to get to your local library because of health or mobility problems? The Home Library Service is a lifeline for people who enjoy reading but are unable to get into the library themselves. A nominated friend or relative can collect items or we can arrange for our volunteers to visit monthly. We have a wide selection of books available for loan including Large Print and Audio Books. The service enables people to keep reading, which supports their mental health and sense of wellbeing. For more information and to sign up to the service please contact us by phone: 0300 123 6703 or email: library@lancashire.gov.uk



Serenity Community Café: Mental Health & Well-being Café

The Serenity Community Café sincerely thanks Carnforth Rotary Club for the very kind donation of £100 that was presented to Councillor Pat Wooff in July. The money was used for Meditation with Horses and crafting materials to sell at the Civic Hall event held in November.

Volunteers received awards from the Town Mayor in recognition of their hard work and achievements since the café was opened in March 2016.



BBC Radio Lancashire recently held an award ceremony at Preston Guild Hall, for Community Heroes and we were delighted that our founder Jayne Collins was awarded **Volunteer of the Year!**

Jayne said "I'm absolutely made up and delighted. It's nice to be recognised for the work I have done". The Serenity Community Café helps people by giving peer support for those experiencing mental health problems and has become a lifeline to many people.

Jayne has a team of six volunteers who are invaluable to the success of the café. "We are one happy family and support each other immensely" said Jayne, who has Bipolar and running the café is having the added benefit of helping in her own recovery.

The Serenity Café is open Wednesday's 1pm- 3pm at Carnforth Free Methodist Church on Hunter Street.





Carnforth Community Swimming Pool

Carnforth Community Swimming

Pool News: We are entering the tenth month of operation since transfer from the County Council, and are pleased to report that sixteen schools and school groups use the Pool, along with the general public

and others hiring for specific parties and dive training.

There has been massive and very welcome support from the local community that's essential to keep the Pool open, and the Friends Group is becoming well established.

Income will hopefully be close to running costs through the first year, and with greater pool use and income becoming possible, as staffing levels are progressively increased through into 2019.

Repairs, improvements and upgrading is however necessary for plant and equipment to be reliable and energy efficient, along with making certain areas more attractive - which cannot come from income, so grant funding is a very welcome source of funding. We have just received a grant for a massive Pool inflatable and the Christmas shutdown 21st December to the 6th of January, will be utilised to replace the partition between the Visitor area and Pool, predominantly for better heat retention and to reduce gas heating costs.

The disabled shower room and other toilet facilities are also to be upgraded under the same funding before the end of March 2019 - so definitely becoming the place to work and swim. Please visit our web site for more information www.carnforth.org

The Friends are launching its "100 Club": Join our '100 Club' today, in time for the launch in February 2019 - not only to give you the chance of winning cash prizes, but to also support your local swimming pool and make sure the good work of keeping open a wonderful facility, used daily by all ages within our local community, continues!

Take the opportunity now to **win quarterly cash prizes**. 40% of all money raised is returned in prizes! You don't need to check anything for prize details, as we will simply forward the winnings by cheque to the address provided. The annual subscription for the year commencing 1st February 2019 is **only £12 per entry** and there are quarterly opportunities to enter during the first week of February, May, August, and November 2019. Why not consider taking more than one number to increase your chances of winning?

Please email Secretary **Kath Bromilow**: kath.bromilow@btinternet.com for a joining form – and mention to friends and family.

Carnforth Community Swimming Pool Ltd is a registered charity (Charity No. 1176769) operating since February 2018, although the pool has served the community in North Lancashire, the South Lakes and parts of Yorkshire since 1978.

Admin Assistant: We are looking for an Administration Assistant, as part of building our management team, for the now privately-run Carnforth Community Swimming Pool.

The work will involve tasks such as dealing with day to day paperwork, invoicing, generating financial reports, stock control and dealing with enquiries via telephone, email and ideally social media. Experience of using Microsoft Word and Excel will be essential and interests associated with swimming would be an added benefit.

Basic salary for three days a week £8,500pa and further details available on application. Please email secretary@carnforthpool.org with a short resume.

CARNFORTH CHRISTMAS LIGHTS CELEBRATION!

WEDNESDAY 5th of DECEMBER 2018

6.30pm MARKET SQUARE

- Father Christmas on his sleigh
- Visit Santa's Grotto
- Bongo Balloons
- Glitter Face Painting

SAMBA ESPIRITO BAND

- Fairground ride
- Food & Craft Stalls

EVERYBODY WELCOME,
JOIN IN THE FUN!

CARNFORTH CHAMBER OF TRADE EVENT!

Event also sponsored by: Carnforth Town Council and Lancaster City Council

Carnforth Chamber of Trade's Annual Christmas

Switch-on is on **Wednesday 5th December**. The fun starts at 6pm with Father Christmas coming to the Memorial Square on his sleigh. He will then join the Mayor in switching on the lights! Children can visit Santa in his Grotto by the Fire Station. A visit to Santa costs just £2.50 per child, including a present.

There will be a funfair, music from Samba Espirito and free children's entertainment. There will be stalls run by local organisations and local café's and takeaways will be serving a wide variety of food and drinks. We hope that you can come along and join in the fun!

Christmas Trees and Decorations: You may not know who provides the lovely Christmas decorations in the town. The Chamber of Trade We organise the purchase of the trees and lights that you can see on the front of local shops and the Town Council provides the large tree in the War Memorial Square. The shops buy the Christmas trees already cut to size and decorated by a very hard-working team from the Chamber of Trade. If you see a tree on a shop, you will know that they are joining in with the festivities and helping to bring Christmas to Carnforth!

Lonsdale Scouts: In November we held a bring a friend fortnight to encourage everyone to join the scouting adventure.

On 17th November, Cat Smith, Lonsdale's Scouting ambassador, opened our new Scout building which has been called Base Camp by the youth members. After the official opening we ran Scouting bases that was enjoyed by all!



Registered Charity No. 1027167

Christmas Post

Stamps 30p

POSTING DATES NOV 25 to DEC 12

ALL CARDS DELIVERED BY CHRISTMAS EVE

LOCAL AREA ONLY

Aldcliffe, Arnside, Aughton, Bolton-le-Sands, Borwick, Capernwray,
Carnforth- Town only, Conder Green, Crag Bank, Denny Beck, Ellel,
Forton, Galgate, Glasson Dock, Halton, Hazelmount, Hest Bank, Heysham,
Lancaster, Middleton, Millhead,
Morecambe, Nether Kellet, Over Kellet, Overton, Priest Hutton,
Silverdale, Slyne, Stodday,
Sunderland Point, Tewitfield, Thurnham, Warton

CARDS ADDRESSED TO ANY OTHER LOCATION WILL NOT BE DELIVERED

USE ONLY SCOUT POST BOXES NOT FOR USE IN ROYAL MAIL POST

THIS OFFER FOR CHRISTMAS GREETING CARDS ONLY

Stamps can be bought from: Tesco, Carnforth Book shop,

Coop Carnforth, Booths Carnforth, Londis Nether Kellet,
Over Kellet Post Office, Spar Highfield Rd

www.lonsdalescouts.org.uk

facebook: [Lonsdale Scouts Christmas Post](#)

Scout stamps are available for just 30p from Scout leaders, Booths, Co-op, Book shop, Spar, Tesco, Over Kellet Post office and Londis Nether Kellet, Last Posting date is 12th December 2018.

Rhythm & Moves: Chair Based Exercise for Seniors. Exercise to Music; Improve flexibility; Increase strength; Better balance and posture; Prevent falls; Have fun; Gain confidence.

Venue:

Royal Station Hotel, Carnforth

When:

Wednesdays 2pm – 3pm

Starts:

Wednesday 28th November

£4 per session

Contact:

Deborah 015395 62351



Carnforth Town Council's
House & Garden Christmas
Decoration Competition (exterior only)
FREE entry to Carnforth Residents
Cash Prizes 1st £100; 2nd £50; 3rd £25
Entry forms available from
Council offices & Kitty Brown Boutique or
email clerk@carnforthtowncouncil.org



Carnforth Christmas Lights Competition: Help to 'Light Up' Carnforth this Christmas. Enter the Town Council's Christmas Best Decorated House and Garden Competition and perhaps earn yourself a little extra spending money this Christmas!

Entry to the competition is FREE. All we ask is that you display your lights from the **1st - 31st December**. The winners of the competition will be presented with their prizes at the Town Council Meeting on the 19th December.

Registration forms can be obtained from the Council Offices or from Kitty Brown Boutique and you can download a copy from our Website. Join us in bringing Christmas alive!

Councillor Malcolm Watkins, Chair, Town

Development & Planning Committee.

Christmas Sleigh Appeal: Carnforth Rotary will be hosting their annual Christmas Sleigh appeal from **Sunday 2nd December**. Details available on the Rotary Club Facebook page and website www.carnforthrotary1190.org. Keep checking Facebook for any changes of timings or programme due to bad weather.

Here is where we will be and when:

2/12 Morecambe Festival Market 11am; 3/12 Carnforth Brow & Carnforth South 5.45pm; 4/12 Slyne with Hest 6pm; 05/12 Millhead, Warton West & Carnforth Switch-on 5pm; 06/12 Burton in Kendal 6pm; 07/12 Crag Bank 5.30pm; 08/12 Halton 5pm; 09/12 Hest Bank 5pm; 10/12 Kelletts 5.20pm; 11/12 Carnforth Council Estate 6pm; 12/12 Silverdale 6pm; 13/12 Halton New Houses 5pm; 14/12 Warton central 5.40pm; 15/12 Spare night; 16/12 Bolton-le-Sands South 5pm; 17/12 Bolton-le-Sands North 5pm; 21/12 Tesco Car Park 11am to 1pm. (TBC) & Booths Carnforth 9am to 1pm (TBC)

Salvation Army: Christmas Day Lunch:

The Salvation Army in Carnforth is gearing up to host its first Christmas Day Lunch at its premises in Preston Street this Christmas Day. Posters are starting to appear, and people are requested to telephone: 01524 736217 if they either know of someone who may benefit from sharing Christmas Day in a warm caring environment and a good meal, or, if they simply wish to join us. For practical reasons, numbers are limited to 30. We can arrange some collections by car, but again this will be limited to the number of vehicles and time available on the day.



The Salvation Army is always visible over the Christmas period with the band bringing Carols to the public all around the area and assisting other churches and agencies to deliver the message of Christmas. Look out for us in the supermarkets but especially on Christmas Eve by the War Memorial at 4pm (arrangements have been made to adjourn to The Station Ballroom if weather is inclement).

Meanwhile our ministry through The Shop, The Meeting Point and Church continue with facilities and activities for young and old alike all year round. Pick up a leaflet or read the posters in our Charity Shop on Market Street.